

2016-17
ULTIMATE
OUTDOOR
FITNESS
SOURCEBOOK



WHY GREENFIELDS OUTDOOR FITNESS?

We all fondly remember spending time outdoors in our youth, enjoying active play in the fresh air. In adulthood, our lives are marked by hectic schedules, sedentary lifestyles, and digital media overload, standing in drastic contrast to those idyllic moments. In an age in which ever-present distractions and packed calendars make the healthy lifestyle ever more elusive, Greenfields Outdoor Fitness offers the ideal solution. By making free fitness opportunities available in public spaces, Greenfields Outdoor Fitness is helping communities across North America and beyond put health and wellness within the reach of their members.

Greenfields' equipment is particularly appealing for its social and multigenerational aspect. No longer is the gym-quality workout limited to those who fit a stereotype – with Greenfields, all generations of family members and friends can exercise together in an unimposing setting on units suited to their individual needs and abilities. For this reason, we believe that Greenfields Outdoor Fitness truly offers the number one amenity for the community.

In 2012, Greenfields took the lead in providing equipment that is specifically designed for users in wheelchairs, further broadening the appeal of the outdoor gym and taking a huge stride toward inclusion in public settings. Since then, the Accessible Line has enjoyed increasing popularity throughout the United States and beyond, and has earned the endorsement of U.S. Paralympic medalist Jen French.

Greenfields prides itself on its customized solutions – each project is addressed individually, and product selections are carefully made to best serve the target demographic. Rugged and durable, the exercise units have stood the test of time in both inner-city environments and harsh climates.

The following pages showcase exciting Greenfields' gyms in parks, schools, trails, hospitals, military bases, and more. Thanks to Greenfields' fitness equipment, communities are becoming happier and healthier places to live.

We invite you to join us as we pursue our mission of "Promoting Wellness & Fighting Obesity One Community at a Time."



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SPORTS CENTER at GRIJALVA PARK
ORANGE, CA

Adjacent to the Grijalva Park sports fields and basketball courts, a 19-piece outdoor gym beckons both to athletes and spectators alike. The tremendously popular park amenity includes units for nearly every member of the community, including users in wheelchairs. The gym provides a full-body workout, with cardio elements, strength-building units, and stretching apparatuses.

Shade structures and lighting provide a comfortable experience to park visitors during both noonday exercising and after-dark workouts.





ANAHEIM SENIOR CENTER
ANAHEIM, CA

It doesn't take a lot of space to create a fun, low-impact outdoor fitness center! Seniors in Anaheim, California asked for a gym similar to ones they'd seen in neighboring communities. The city responded with a beautiful 11-unit fitness zone accommodating 28 people – and even included five stations for wheelchair users. Situated between the senior center and youth center, the gym can be used by a wide variety of ages. Shade structures help keep users cool, and concrete surfacing provides easy navigation for those in wheelchairs.

KAISER PERMANENTE MEDICAL CENTER
BALDWIN PARK, CA

Prevention is far better than a cure, and a Baldwin Park, California hospital emphasized this truth by providing patients, staff, and the surrounding community with a free-to-use outdoor gym. Arranged in three clusters along a short path, the fitness equipment provides exercises to 26 people on 12 units. Advanced users can challenge themselves with chin-up and dip bars; those at basic fitness levels can enjoy the rowing machine or leg press.



SANTA ANA SPORTS COMPLEX
SANTA ANA, CA

Stuffy indoor weight rooms can now be a thing of the past. The Santa Ana Sports Complex adjacent to the Valley High School athletic fields provides a perfect avenue for students to train, all in a fun, social setting. The Santa Ana Sports Complex accommodates 35 users on 16 units, such as the 4-Person Combo Bars, 2-Person Butterfly Combo, and 2-Person Accessible Vertical Press.

Athletes can enjoy the additional challenge afforded by four adjustable Professional Series units: the Squat, Stepper, Bench Press and Arm Curl.



PARKS

Multigenerational, social, and accessible, Greenfields equipment is the perfect enhancement to parks of all sizes. Provide workout opportunities to parents while children attend sports practices ... give athletes a ready-made warmup venue ... and invite underserved demographics into green spaces with Greenfields!



Make exercise something students enjoy! Less intimidating than competition sports, outdoor gyms provide a way for students to enhance their physical fitness in a fun, social environment. And by designating gyms as joint-use areas, the rest of the community can enjoy the fitness equipment outside of school hours.

SCHOOLS





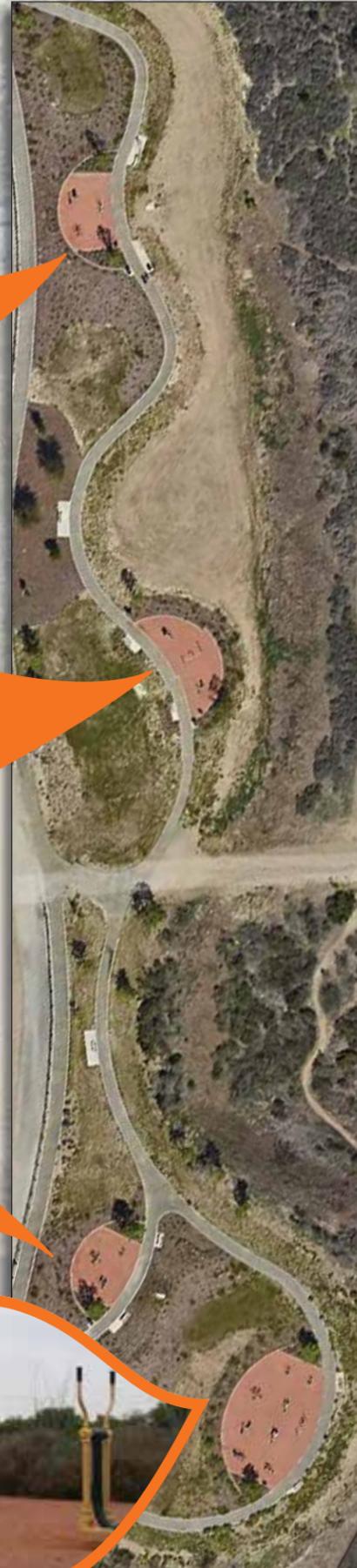
SENIORS

Accessible, low-impact, and free to use, outdoor gyms are the ideal way to keep adults active well into their golden years. But Greenfields' gyms aren't limited to seniors – their multigenerational appeal means that grandparents can stay fit while enjoying quality time with younger family members, too.



TRAILS

No longer limited to simply cardio, trails can now give users a full-body workout. Install equipment in clusters for high visibility and frequent usage.





LAKESIDES

Enhance any waterfront with an outdoor gym! Greenfields' equipment is an excellent addition to a lakeside trail or recreational area, providing activities that family members and friends can participate in together.



HOSPITALS

The physical and psychological benefits of outdoor exercise are especially helpful to those facing long-term hospital stays. Greenfields' wheelchair accessible units are particularly well-suited to this application. Trails and clusters on hospital grounds can serve patients, families, visitors, and staff members.



Proudly enhancing physical fitness in America's armed forces:



Greenfields Outdoor Fitness offers a variety of rugged, all-weather units for intense combat training. Customization is available - call for details.

MILITARY

Greenfields' military line is

- Hot Galvanized
- Powder Coated
- Proudly MADE IN THE USA



The epitome of convenience! Outdoor gyms along busy urban thoroughfares provide an incredibly easy workout option for commuters driving home.

ROADSIDES

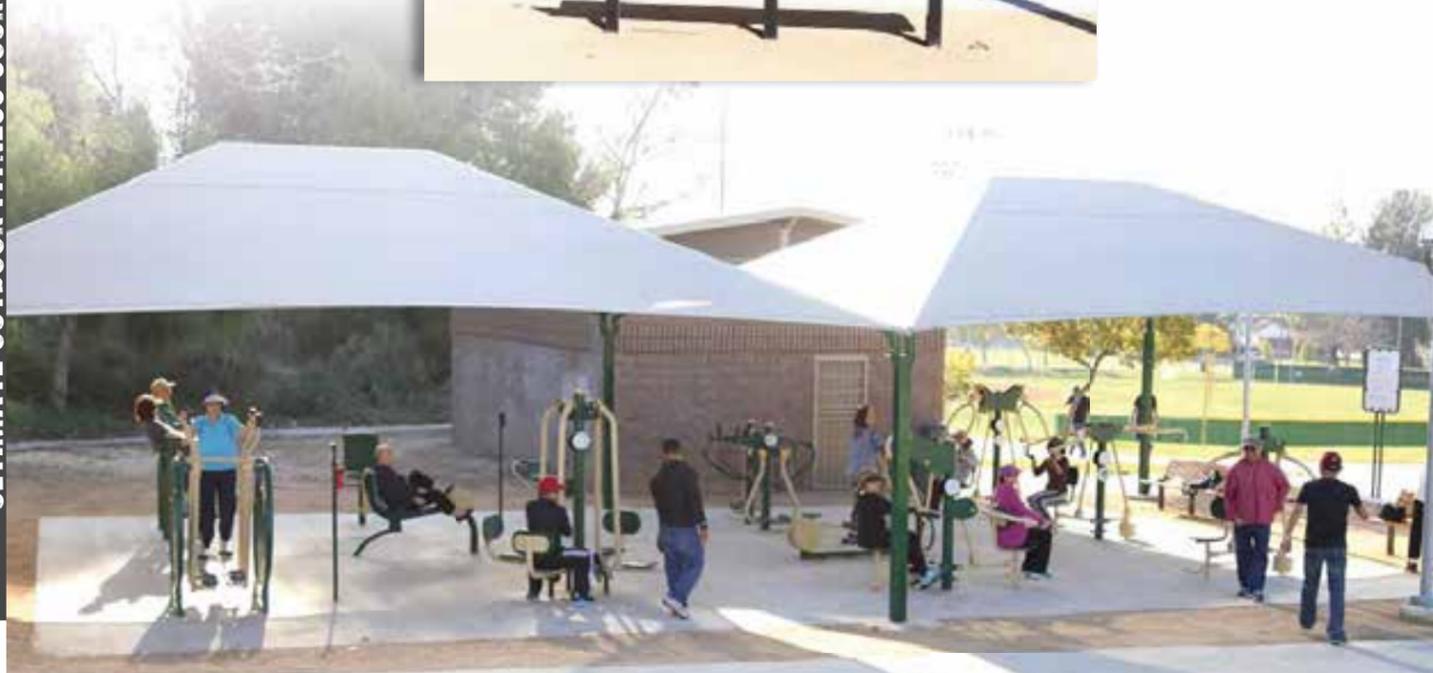
ADD ONS



Don't forget the details! Greenfields Outdoor Fitness is your one-stop shop for nearly any amenity to complement an outdoor gym. We can help with ...

- Shade structures
- Benches
- Bike racks
- Trash receptacles

... and more! Call us at 888-315-9037 and we'll help you put together a complete package your entire community will love.



CONTRACT PURCHASING

Satisfy the bid requirement without spending the time and resources normally associated with the process. Buying a Greenfields Outdoor Fitness® gym just got easier with strategic sourcing from NJPA purchasing cooperative.

Is red tape slowing you down? Greenfields Outdoor Fitness® is proud to partner with the National Joint Powers Alliance (NJPA). NJPA facilitates a competitive bidding process nationally on behalf of members' needs. By purchasing through NJPA, member agencies can satisfy the bid requirement without having to spend the time and resources normally associated with the process. All Greenfields Outdoor Fitness® products are now available to NJPA contract purchasing member agencies throughout the nation. The NJPA contract gives government, education and non-profit agencies a purchasing solution that satisfies most agencies' competitive bid requirements.

FINANCING AVAILABLE!

Financing with Greenfields Outdoor Fitness® is easy - start enjoying the benefits of a new outdoor fitness facility today!

Through its partner, National Cooperative Leasing (NCL), Greenfields Outdoor Fitness offers an easy and affordable way to fund your outdoor fitness project. NCL is an independently owned company, providing leasing and financing solutions for government and educational agencies throughout the nation. For over 10 years, NCL has specialized in the government leasing and finance industry.

Today, many public education & municipal customers are utilizing programs by NCL as an effective means to obtain equipment in today's strained budgetary environment.



From equipment to installation, NCL

can finance the entire cost of your project. Let us know your requirements and budget and one of NCL's Government Finance Specialists will design a solution to meet your needs.

HERE TO HELP

CUSTOMER SUPPORT CENTER

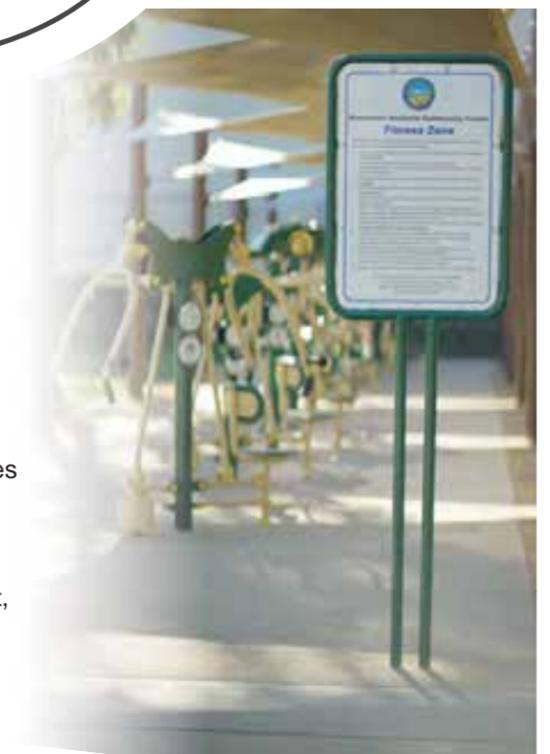
Our Customer Support Center is available to answer questions regarding project layout, pre-installation, installation, and equipment up-keep. We provide extensive and detailed documentation for installation and maintenance teams to ensure that the gym will function at peak performance for years to come.



CUSTOM SIGNAGE

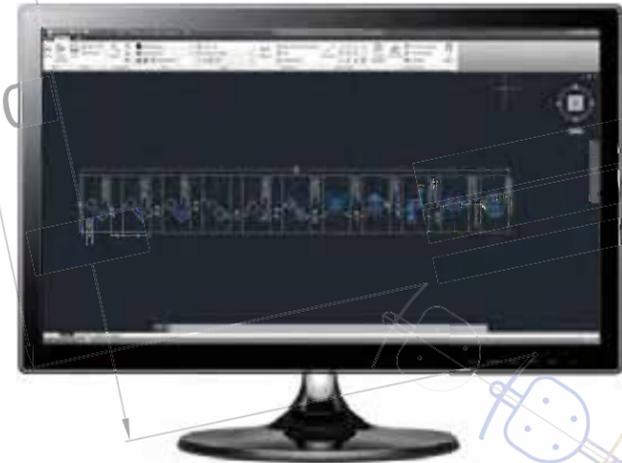
(GR2005-1-105)

Display safety guidelines and acknowledge project donors with announcement signs from Greenfields. Customization of layout, graphics, and text is available at no extra charge.





STEP 1: THE "BEFORE" SHOT



STEP 2:
TOP VIEW CAD

DESIGN ASSISTANCE

The Making of a Greenfields Outdoor Fitness Center

We're ready to help you repurpose any space!
Call us today at 888-315-9037 to get started.



STEP 3: 3D MOCKUP



STEP 4: FINISHED PRODUCT!

BEFORE



BEFORE



TRANSFORMATIONS

Energize an unused space with a social, multigenerational outdoor gym!

Greenfields' social, multigenerational fitness equipment provides the perfect way to revitalize an unused space and transform it into a community fitness hub that nearly all ages can enjoy together! With Greenfields' unique exercise units, many of which accommodate multiple users on one footprint, even small spaces can be utilized to encourage community members to exercise. Unused tennis courts, shuffleboard courts, picnic areas, and more provide ideal spaces for future gyms. Call Greenfields at 888-315-9037 and begin planning *your* park's transformation!



SPORTS PARK PACKAGE

Sports parks aren't just for the athletic! A Greenfields outdoor gym lets those who would otherwise be spectators enjoy some exercise while friends and family members attend practices. Shade and lighting promote user comfort regardless of the weather or time of day.

PACKAGE SPECS	
Units	19
Users	33
Required dimensions: <i>Varies by configuration - call Greenfields for details</i>	

Area 1 - Accessible Upper Body

GR2005-1-08	Single Butterfly
GR2005-1-42	2-Person Back & Arms Combo
GR2005-1-47-W	2-Person Accessible Vertical Press
GR2005-1-48-W	2-Person Accessible Lat Pull
GR2005-1-48A-W	2-Person Accessible Chest Press
GR2005-1-90	Single Reverse Butterfly



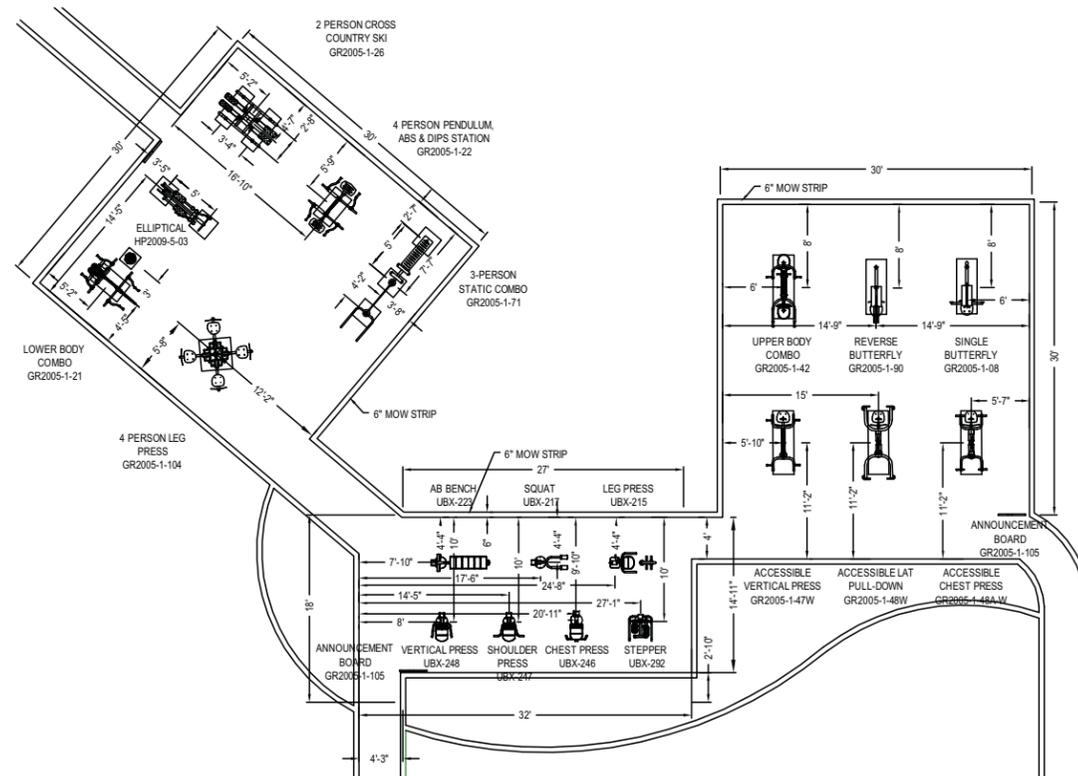
Area 2 - Professional Series

UBX-215	Adjustable Leg Press
UBX-217	Adjustable Squat
UBX-223	Sit-Up Bench
UBX-246	Adjustable Chest Press
UBX-247	Adjustable Vertical Press
UBX-248	Adjustable Shoulder Press
UBX-292	Adjustable Stepper



Area 3 - Lower Body & Cardio

GR2005-1-21	4-Person Lower Body Combo
GR2005-1-22	4-Person Pendulum, Abs & Dips
GR2005-1-26	2-Person Cross Country Ski
GR2005-1-71	3-Person Static Combo
GR2005-1-104	4-Person Leg Press
HP2009-5-03	Single Elliptical



LARGE TRAIL PACKAGE

The complete trail enhancement! Let Greenfields take your trail a step beyond with stretching and strengthening apparatuses to complement cardio workouts. Call us at 888-315-9037 for more details.

PACKAGE SPECS	
Units	18
Users	41
Required dimensions: <i>Varies by configuration - call Greenfields for details</i>	

- Area 1 - Main Circuit**
- GR2005-1-09 (x2) Cross Country Ski
 - GR2005-1-19 2-Person Sit-Up Bench
 - GR2005-1-22 4-Person Pendulum, Abs & Dips
 - GR2005-1-45 2-Level Horizontal Bars
 - GR2005-1-47 2-Person Vertical Press
 - GR2005-1-48 2-Person Lat Pull
 - GR2005-1-48A 2-Person Chest Press
 - GR2005-1-104 4-Person Leg Press



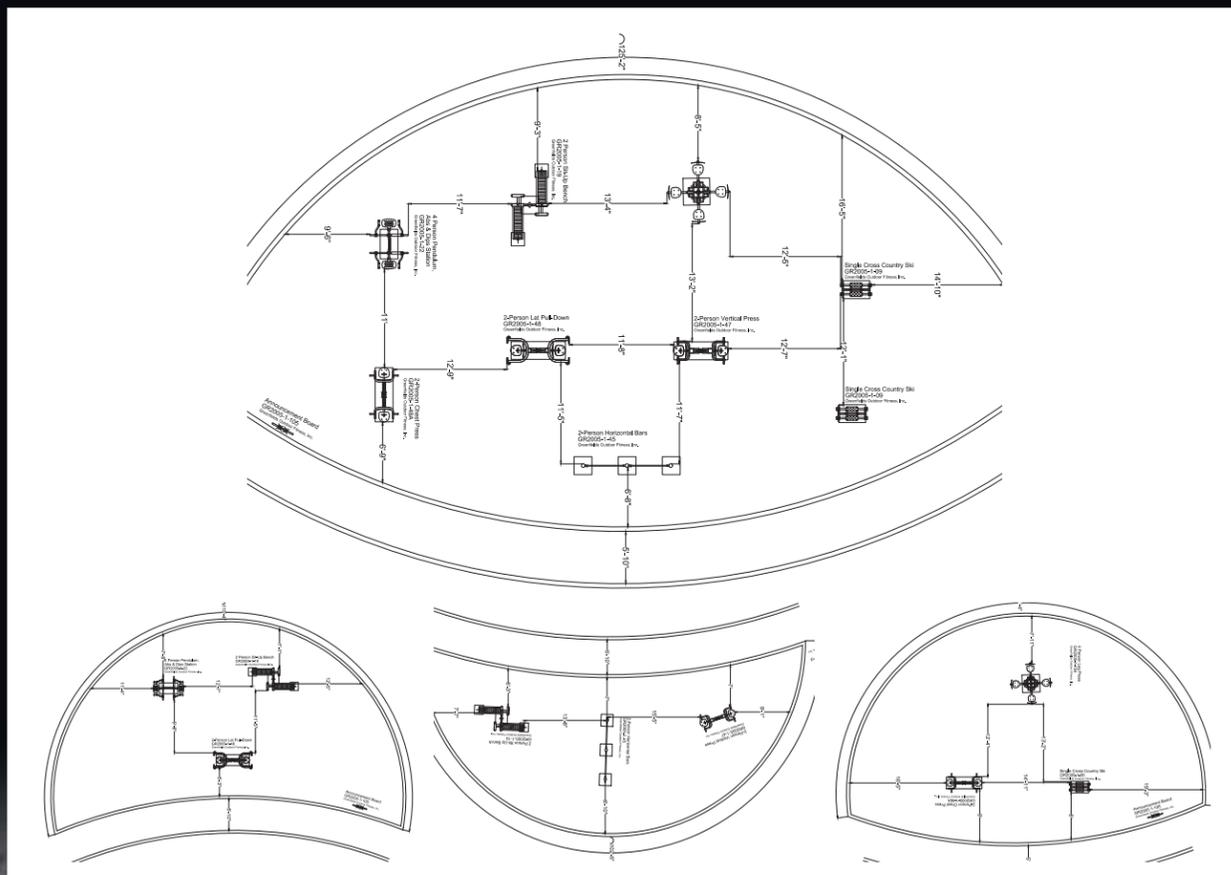
- Area 2**
- GR2005-1-09 Single Ski
 - GR2005-1-48A 2-Person Chest Press
 - GR2005-1-104 4-Person Leg Press

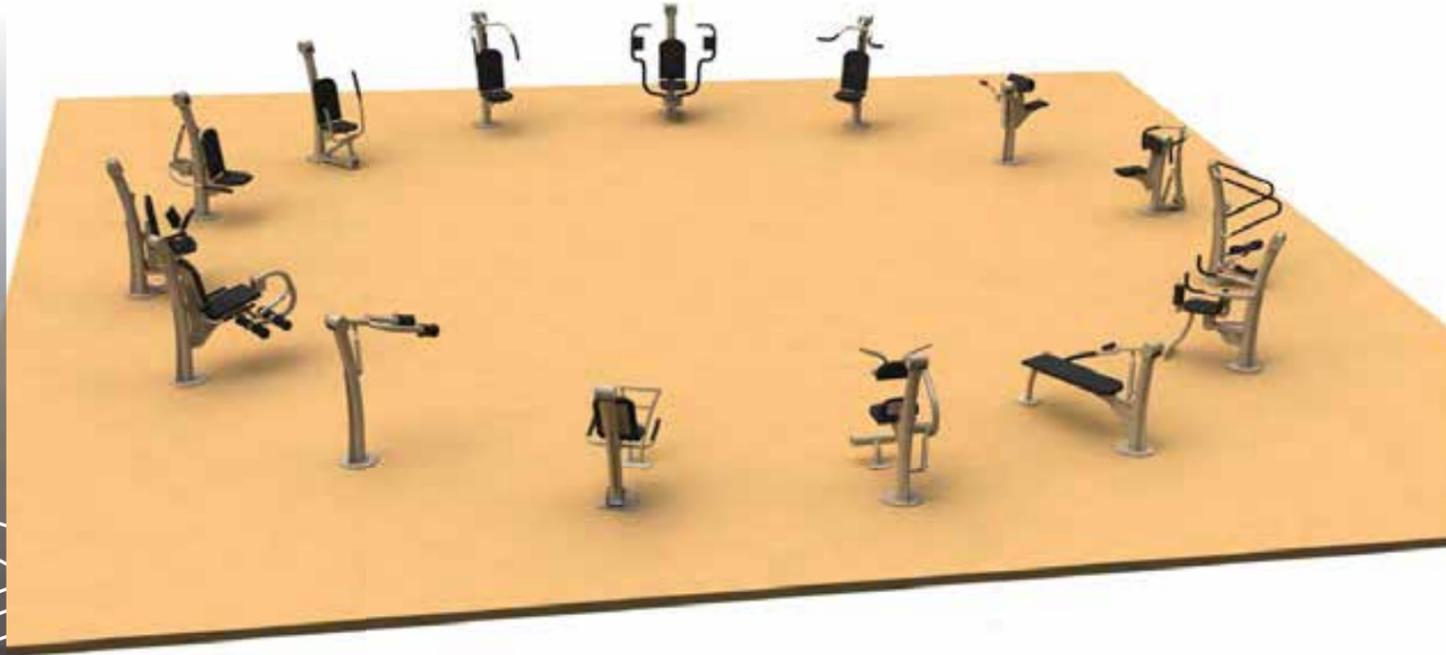


- Area 3**
- GR2005-1-19 2-Person Sit-Up Bench
 - GR2005-1-45 2-Level Horizontal Bars
 - GR2005-1-47 2-Person Vertical Press



- Area 4**
- GR2005-1-19 2-Person Sit-Up Bench
 - GR2005-1-22 4-Person Pendulum, Abs & Dips Station
 - GR2005-1-48 2-Person Lat Pull





ACCESSIBILITY PLUS PACKAGE



The most inclusive outdoor fitness center yet

Greenfields' Accessibility Plus Package sets the standard for inclusion. Twelve standard and five accessible stations put fitness within reach of nearly everyone! Call us today at 888-315-9037, and one of our experienced project consultants will help you get started on an outdoor gym your entire community will enjoy.

UNITS

GR2005-1-08	Single Butterfly
GR2005-1-08-W	Accessible Butterfly
GR2005-1-19	2-Person Sit-up Bench
GR2005-1-21	4-Person Lower Body Combo
GR2005-1-22	4-Person Pendulum, Abs & Dips Station
GR2005-1-26	2-Person Cross-Country Ski
GR2005-1-45	2-Level Horizontal Bars
GR2005-1-47-W	2-Person Accessible Vertical Press
GR2005-1-48-W	2-Person Accessible Lat Pull-Down
GR2005-1-48A-W	2-Person Accessible Chest Press
GR2005-1-90	Single Reverse Butterfly
GR2005-1-90-W	Accessible Reverse Butterfly
GR2005-1-91	Rowing Machine
GR2005-1-104	4-Person Leg Press
HP2009-5-03 (x2)	Single Elliptical
HP2009-7-21	Accessible Hand Cycle
GR2005-1-105	Customized Announcement Board

PACKAGE SPECS

Units	17
Users	32
Required dimensions	40' x 40'

Available options:

- Announcement board - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities

PROFESSIONAL SERIES



Adjustable resistance for the most customized experience yet

Fifteen adjustable outdoor fitness units provide a complete workout for users at all levels of fitness. PolySafe seats and SafeStop stoppers promote user comfort and safety.

UNITS

UBX-208	Adjustable Butterfly
UBX-211	Adjustable Ab Toner
UBX-215	Adjustable Leg Press
UBX-217	Adjustable Squat
UBX-223	Sit-Up Bench
UBX-244	Adjustable Tricep Press
UBX-246	Adjustable Chest Press
UBX-247	Adjustable Vertical Press
UBX-248	Adjustable Shoulder Press
UBX-255	Adjustable Arm Curl
UBX-258	Adjustable Hip Twist
UBX-290	Adjustable Rower
UBX-292	Adjustable Stepper
UBX-293	Adjustable Bench Press
UBX-298	Adjustable Leg Extension & Curl
GR2005-1-105	Customized Announcement Board

PACKAGE SPECS

Units	15
Users	15
Required dimensions	40' x 40'

Available options:

- Announcement board - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities





MEDIUM PACKAGE 1

Maximum fitness opportunities on a minimum footprint

Greenfields' Medium Package 1 allows for 25 users on just 9 units, including three units with wheelchair-accessible stations. The Medium Package 1 is perfect for schools, parks, senior centers, and corporate campuses. Ready to start planning your project? Call Greenfields today at 888-315-9037.

UNITS

GR2005-1-21	4-Person Lower Body Combo
GR2005-1-22	4-Person Pendulum, Abs & Dips Station
GR2005-1-26	2-Person Cross-Country Ski
GR2005-1-42	2-Person Back & Arms Combo
GR2005-1-47-W	2-Person Accessible Vertical Press
GR2005-1-48-W	2-Person Accessible Lat Pull-Down
GR2005-1-48A-W	2-Person Accessible Chest Press
GR2005-1-71	3-Person Static Combo
GR2005-1-104	4-Person Leg Press
GR2005-1-105	Customized Announcement Board



PACKAGE SPECS	
Units	9
Users	25
Required dimensions	40' x 36'

Available options:

- Announcement board - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities

MEDIUM PACKAGE 2

Social and versatile - a community fitness hub

With a unique selection of Core Line, Accessible, and Professional Series units, the Medium Package 2 offers something for nearly everyone. Teens, parents, and seniors alike will gravitate to the easy-to-use, social equipment in this fitness zone.

UNITS

GR2005-1-22	4-Person Pendulum, Abs & Dips Station
GR2005-1-26	2-Person Cross-Country Ski
GR2005-1-47-W	2-Person Accessible Vertical Press
GR2005-1-48-W	2-Person Accessible Lat Pull-Down
GR2005-1-48A-W	2-Person Accessible Chest Press
GR2005-1-104	4-Person Leg Press
UBX-208	Adjustable Butterfly
UBX-211	Adjustable Ab Toner
UBX-223	Sit-Up Bench
UBX-293	Adjustable Bench Press
GR2005-1-105	Customized Announcement Board



PACKAGE SPECS	
Units	10
Users	20
Required dimensions	36' x 38'

Available options:

- Announcement board - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities

ACCESSIBLE LINE

No transferring required!
Promote integration
Available to the able-bodied
Endorsed by U.S. Paralympian Jennifer French



SMALL PACKAGE

The ideal small-space fitness solution

The Small Package includes Greenfields' most popular exercise machines. While only incorporating 6 units, the Small Circuit accommodates 14 people and covers all major muscle groups. The Small Circuit is an excellent option for small parks and apartment complexes.

PACKAGE SPECS	
Units	6
Users	14
Required dimensions	33' x 25'

UNITS

- GR2005-1-22 4-Person Pendulum, Abs & Dips Station
- GR2005-1-48C 2-Person Combo Lat Pull & Vertical Press
- GR2005-1-48A-W 2-Person Accessible Chest Press
- GR2005-1-91 Rowing Machine
- GR2005-1-104 4-Person Leg Press
- HP2009-5-03 Single Elliptical
- GR2005-1-105 Customized Announcement Board



Available options:

- Announcement board - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities



FOR A VIDEO HIGHLIGHT SHOWING ACCESSIBLE UNITS IN USE,
VISIT GREENFIELDSFITNESS.COM/ADALINEVIDEO

OUR COMMITMENT TO INCLUSION



As thousands of communities across North America have discovered, outdoor fitness equipment is a unique, fun, and cost-effective solution for a population that increasingly struggles with obesity and related health issues. But too many of these fresh-air gyms neglect a key population: individuals with mobility impairments, who due to their disabilities are more prone to sedentary lifestyles.

To address this need, Greenfields has created a special line specifically for users in wheelchairs.

Unique in their functionality and appeal, the Accessible Line (U.S. Patent 9,079,069) units allow users to exercise without having to transfer out of their wheelchairs. By incorporating these units into the outdoor gym, the benefits of fitness can be extended to a greater percentage of the population. In addition, the social aspect of Greenfields' fitness zones promotes integration and inclusion of individuals with mobility impairments into the greater community.

As illustrated in this catalog, many units in this line can be used by the able-bodied not only on the side with the seat, but on the accessible side as well. Like Greenfields' Core Line, the Accessible Line is durable, social, and most importantly, free for the community!

Greenfields is proud to have U.S. Paralympic medalist Jennifer French as spokesperson for the Accessible Line

French recalls the difficulties encountered when she first began using a wheelchair and wanted to exercise; the closest fitness facility that would accommodate her needs was located at a hospital an hour away.

"Fitness is just as important for people with disabilities, if not more important," says French.

"In the U.S., there is a higher incidence of obesity among people with disabilities than the general population. But access to equipment and facilities is much more limited."

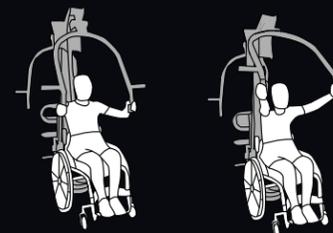
"Having exercise equipment available to use alongside the rest of the community truly integrates people with disabilities into the world of fitness and makes it much more fun!"



U.S. PATENT 9,079,069

2-PERSON ACCESSIBLE CHEST PRESS GR2005-1-48A-W

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer



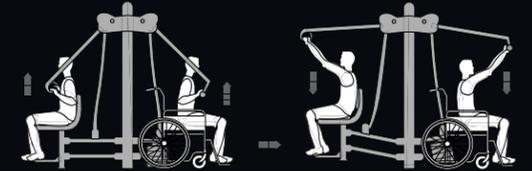
Also usable by the able-bodied in a standing position!



U.S. PATENT 9,079,069

2-PERSON ACCESSIBLE VERTICAL PRESS
GR2005-1-47-W

- Strengthens chest, shoulders, forearms, and triceps
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer



Also usable by the able-bodied in a standing position!



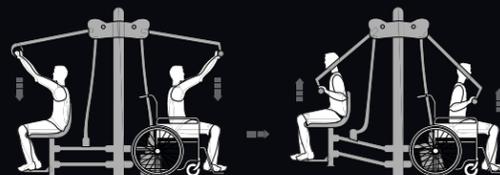
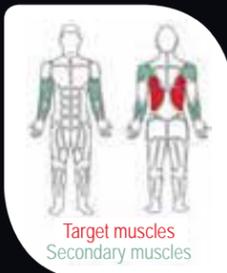
U.S. PATENT 9,079,069

2-PERSON ACCESSIBLE LAT PULL
GR2005-1-48-W

- Strengthens back muscles, shoulders, and arm muscles
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer



Also usable by the able-bodied in a standing position!



GREENFIELDS ACCESSIBLE LINE

GREENFIELDS ACCESSIBLE LINE

ACCESSIBLE HAND CYCLE
HP2009-7-21

- Strengthens back, biceps, triceps, trapezius, core, and shoulders
- Great cardio activity

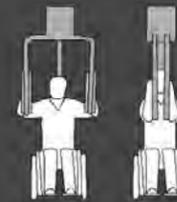


ACCESSIBLE BUTTERFLY
GR2005-1-08-W

- Develops chest, front shoulders, and upper and mid-abs



U.S. PATENT 9,079,069

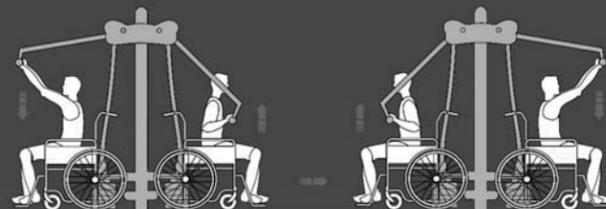


2-PERSON ACCESSIBLE COMBO LAT PULL & VERTICAL PRESS
GR2005-1-48C-W

- Strengthens upper back, chest, shoulders, biceps, upper and mid abs, forearms, triceps, and core
- Great social activity
- Can be used by two people simultaneously & independently of each other



U.S. PATENT 9,079,069

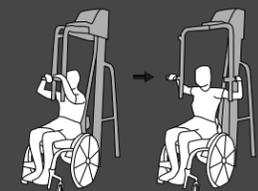


ACCESSIBLE REVERSE BUTTERFLY
GR2005-1-90-W

- Strengthens arms, shoulders, and back muscles



U.S. PATENT 9,079,069



GREENFIELDS ACCESSIBLE LINE

GREENFIELDS ACCESSIBLE LINE

**2-PERSON ACCESSIBLE
COMBO BUTTERFLY
& REVERSE FLY
GR2005-1-48E-W**

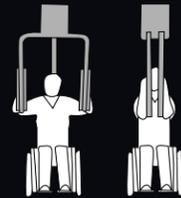


Develops chest, arms, back,
front shoulders, and upper and
mid-abs

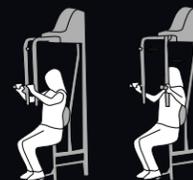
Configuration A



Accessible Side:
Butterfly



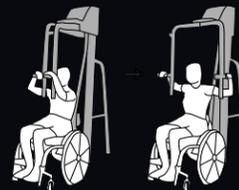
Standard Side:
Reverse Butterfly



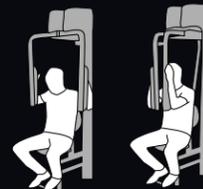
Configuration B



Accessible Side:
Reverse Butterfly



Standard Side:
Butterfly



Body-weight resistance
Social & multigenerational
Built for any climate
Enjoyed in hundreds of communities worldwide!



FOR A VIDEO HIGHLIGHT SHOWING CORE LINE UNITS IN USE,
VISIT GREENFIELDSFITNESS.COM/CORELINEVIDEO

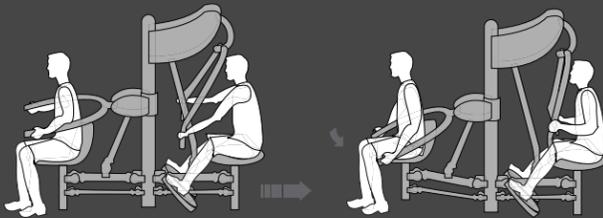
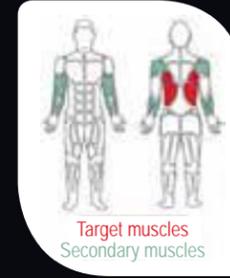
2-PERSON BACK & ARMS COMBO
GR2005-1-42

- Strengthens back, biceps, triceps, trapezius, and shoulders
- Great social activity
- Can be used by two people simultaneously & independently of each other



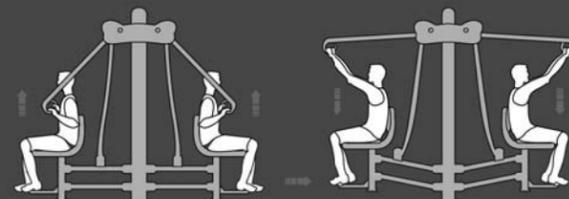
2-PERSON LAT PULL
GR2005-1-48

- Strengthens back muscles, shoulders, and arm muscles
- Great social activity
- Can be used by two people simultaneously & independently of each other



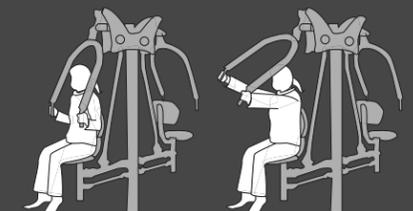
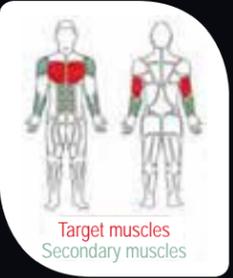
2-PERSON VERTICAL PRESS
GR2005-1-47

- Strengthens chest, shoulders, forearms, and triceps
- Great social activity
- Can be used by two people simultaneously & independently of each other



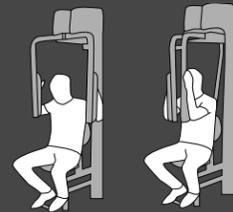
2-PERSON CHEST PRESS
GR2005-1-48A

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Great social activity
- Can be used by two people simultaneously & independently of each other



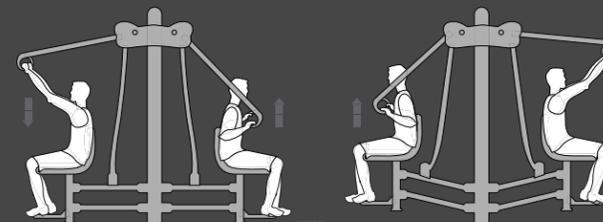
SINGLE BUTTERFLY
GR2005-1-08

- Develops chest, front shoulders, and upper and mid-abs



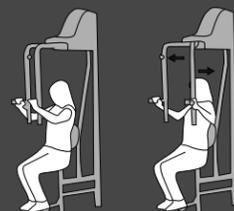
2-PERSON COMBO LAT PULL & VERTICAL PRESS
GR2005-1-48C

- Strengthens upper back, chest, shoulders, biceps, upper and mid abs, forearms, triceps, and core
- Great social activity
- Can be used by two people simultaneously & independently of each other



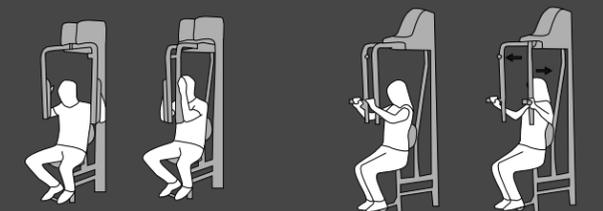
SINGLE REVERSE BUTTERFLY
GR2005-1-90

- Strengthens arms, shoulders, and back muscles



2-PERSON COMBO BUTTERFLY & REVERSE FLY
GR2005-1-48E

- Develops chest, arms, front shoulders, back, and upper and mid-abs
- Can be used by two people simultaneously & independently of each other





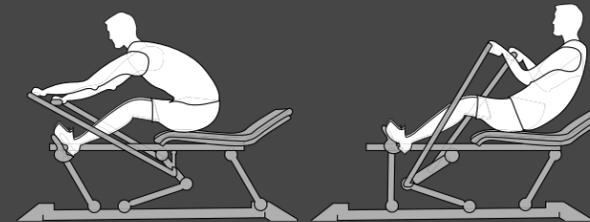
4-PERSON PENDULUM, ABS, & DIPS STATION
GR2005-1-22

- Strengthens chest, shoulders, biceps, forearms, lower back, and abdominals
- Loosens hips and side
- Can be used by four people simultaneously & independently of each other
- Great social activity



ROWING MACHINE
GR2005-1-91

- Strengthens back muscles, shoulders, arm muscles, and abdominals
- Improves cardiovascular endurance



2-PERSON INCLINE SIT-UP BENCH
GR2005-1-19

- Strengthens upper, mid, and lower abdominals
- Strengthens obliques
- Can be used by two people simultaneously
- Great social activity





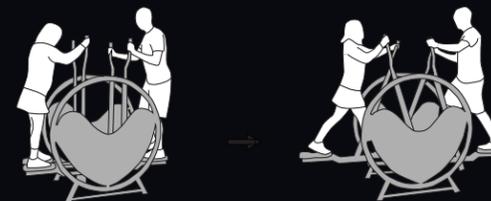
4-PERSON LOWER BODY COMBO
GR2005-1-21

- Strengthens legs, glutes, obliques, triceps, shoulders, chest, and core
- Stretches lower back and inner thigh
- Can be used by four people simultaneously & independently of each other
- Great social activity



2-PERSON CROSS COUNTRY SKI
GR2005-1-26

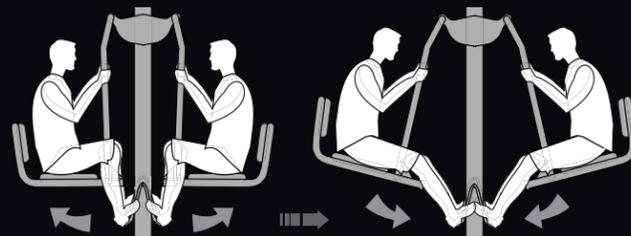
- Strengthens leg muscles, improves cardiovascular endurance
- Can be used by two people simultaneously
- Great social activity
- Also available as a 1-person model (GR2005-1-09) - please see page 58





4-PERSON LEG PRESS
GR2005-1-104

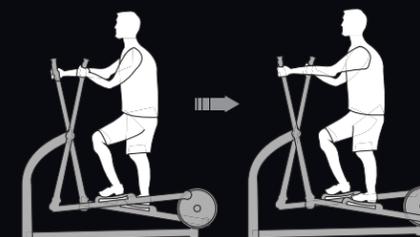
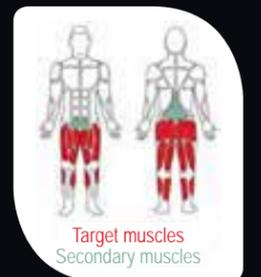
- Strengthens abdominals and leg muscles, particularly quads and calves
- Great social activity
- Can be used by four people simultaneously & independently of each other
- Also available in a 2-person model (HP2009-5-05) - please see page 60



SINGLE ELLIPTICAL
HP2009-5-03



- Strengthens leg muscles, improves cardiovascular endurance



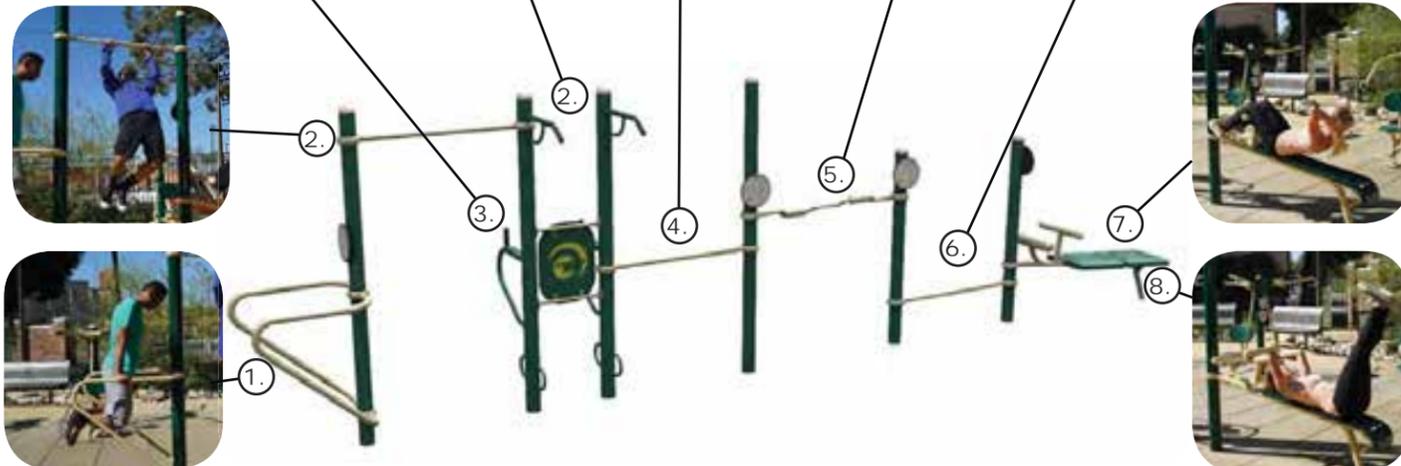
8-PERSON LINEAR COMBO GR2005-1-77

The 8-person Linear Station incorporates challenging upper body and core strengthening stations. A wheelchair-accessible hand cycle station expands the user demographic, while a bar for assisted push-ups allows those at entry-level fitness to exercise along with advanced users. Bar heights can be adjusted at the time of installation to accommodate individual project requirements.

8-Person Linear Station

Available exercises:

- | | |
|----------------------|-----------------------|
| 1. Dips | 5. Hand Cycle |
| 2. Chin Ups | 6. Modified Push Ups |
| 3. Leg Raises | 7. Sit Ups |
| 4. Modified Pull Ups | 8. Incline Leg Raises |



10-PERSON STATIC COMBO HP2009-5-12

10-Person Static Combo

Available exercises:

1. Assisted Pull ups
2. Chin Ups
3. Leg Raises
4. Pull Ups
5. Assisted Push Ups
6. Sit Ups
7. Incline Leg Raises
8. Dips



Offering a wide array of exercises in just one footprint, the 8- and 10-Person Static Combo units are perfect for trailheads, pocket parks, sports parks and schools.

8-PERSON STATIC COMBO
HP2009-5-11

8-Person Static Combo

Available exercises:

1. Assisted Pull ups
2. Chin Ups
3. Leg Raises
4. Pull Ups
5. Assisted Push Ups
6. Sit Ups
7. Incline Leg Raises





3-PERSON STATIC COMBO
GR2005-1-71

- Strengthens back, shoulders, arm muscles, and core
- Can be used by three people simultaneously
- Great social activity

Available exercises:

- | | |
|----------|------------|
| Dips | Squats |
| Chin Ups | Leg Raises |
| Sit Ups | Stretches |



2-PERSON FULL BAR EXERCISE
HP2009-5-07

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously
- Great social activity



WEIGHT LIFT
GR2005-1-12

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Wheelchair accessible



2-PERSON DIPS STATION
GR2005-1-14

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps



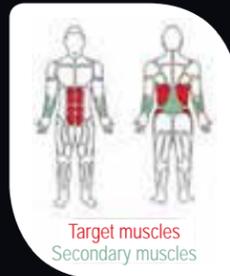
MULTI-LEVEL BARS
GR2004-1-33

- Strengthens chest, shoulders, upper and mid abs, forearms, biceps, and triceps
- Can be used by five people simultaneously
- Great social activity



4-PERSON TWISTING STATION
GR2005-1-46

- Stretches torso
- Can be used by four people simultaneously & independently of each other
- Great social activity

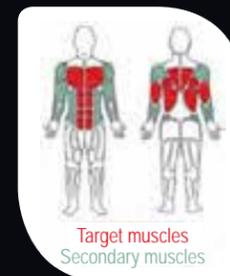


4-PERSON COMBO BARS
HP2009-5-10

- Strengthens back muscles, chest, shoulders, biceps, triceps, forearms, upper- and mid-abs
- Can be used by four people simultaneously

Available exercises:

- | | |
|------------|-------------------|
| Squats | Stretches |
| Leg Raises | Chin Ups/Pull Ups |



PARALLEL BARS
GR2005-1-43

- Strengthens shoulders, triceps, and abdominals



2-PERSON AIR WALKER
GR2005-1-23

- Strengthens and stretches leg muscles
- Increases lower body range of motion
- Also available as a 1-person model (HP2009-5-06) - please see below



RECUMBENT BIKE
GR2005-1-49

- Strengthens calves, hamstrings, glutes, and quadriceps



SINGLE AIR WALKER
HP2009-5-06

- Strengthens and stretches leg muscles
- Increases lower body range of motion
- Also available as a 2-person model (GR2005-1-23) - please see above



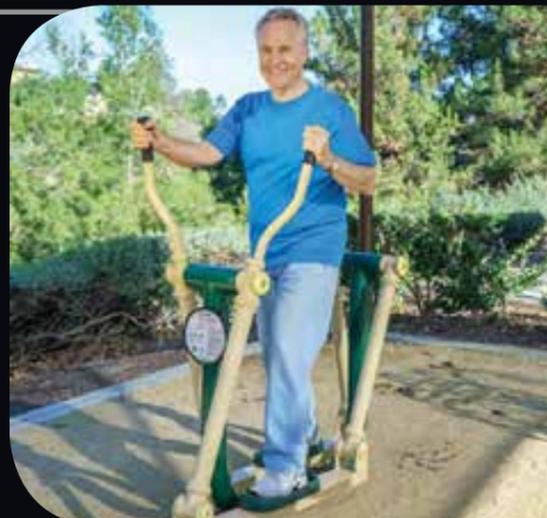
UPRIGHT BIKE
GR2005-1-89

- Strengthens hamstrings, glutes, quadriceps, calves, lower back, and core



SINGLE CROSS-COUNTRY SKI
GR2005-1-09

- Strengthens leg muscles
- Improves cardiovascular endurance



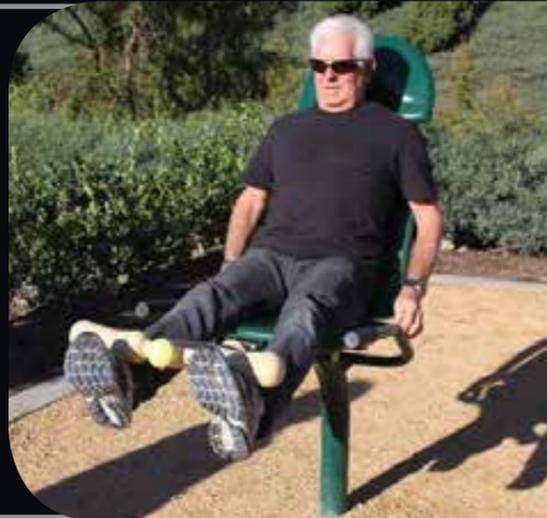
STAIR CLIMBER
GR2005-1-92

- Strengthens quadriceps, hamstrings, calves, glutes, abs, and forearms
- Excellent cardio workout



LEG EXTENSION
GR2005-1-98

- Strengthens abdominals and leg muscles, particularly quads



SEATED CORE STRENGTHENING
GR2005-1-28

- Strengthens abdominals and thigh muscles



BACK EXTENSION
HP2009-7-25

- Strengthens hamstrings, glutes, lower back, and core



S-SHAPED JUMP BAR
HP2009-5-08

- Develops balance and agility
- Strengthens quads, calves, and glutes



2-PERSON LEG PRESS
HP2009-5-05

- Strengthens calves, hamstrings, glutes, and quadriceps
- Can be used by two people simultaneously & independently of each other



3-BEAM JUMP BARS
HP2009-7-20

- Develops balance and agility
- Strengthens quads, calves, and glutes



Zero-recoil mechanisms
Safe-Stop feature
8-level adjustability
Bi-directional pistons

PLYOMETRICS STEPS
(Set of 3)

HP2009-7-24

- Develops quads, calves, and glutes
- Contributes to balance and posture control



HORIZONTAL LADDER
HP2009-5-09

- Strengthens shoulders, upper and mid abs, biceps, and triceps



2-LEVEL HORIZONTAL BARS
GR2005-1-45

- Strengthens back muscles, shoulders, arm muscles, and forearms
- Can be used by two people simultaneously
- Great social activity
- Wheelchair-accessible hand cycle (HP2009-7-21) can be added



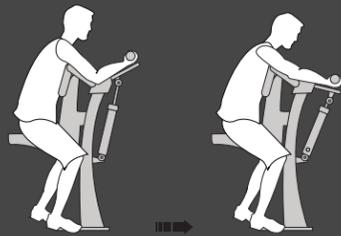
FOR A VIDEO HIGHLIGHT SHOWING PROFESSIONAL SERIES UNITS IN USE, VISIT GREENFIELDSFITNESS.COM/PROSERIESVIDEO



ARM CURL
UBX-255

uni-directional resistance

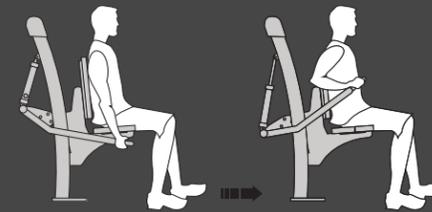
- Develops biceps and forearms



TRICEP PRESS
UBX-244

bi-directional resistance

- Strengthens trapezius, triceps, biceps, chest, and shoulders



BENCH PRESS
UBX-293

bi-directional resistance

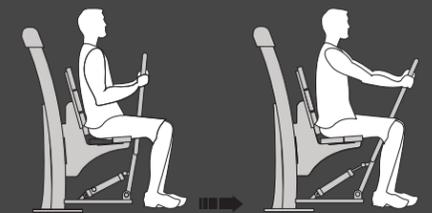
- Develops chest, shoulders, and triceps



CHEST PRESS
UBX-246

bi-directional resistance

- Develops shoulders, chest, and triceps

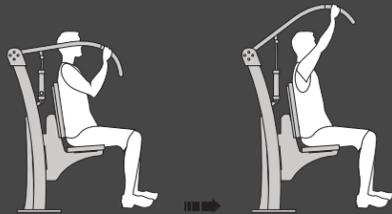




VERTICAL PRESS
UBX-247

bi-directional resistance

- Develops chest, front shoulders, and triceps



BUTTERFLY
UBX-208

bi-directional resistance

- Develops chest, shoulders, and upper and mid abs



SHOULDER PRESS
UBX-248

bi-directional resistance

- Develops chest, back, shoulders, triceps, forearms, and abs



ROWER
UBX-290

bi-directional resistance

- Strengthens back muscles, shoulders, biceps, and forearms

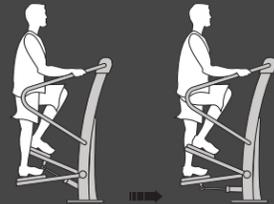




STEPPER
UBX-292

bi-directional resistance

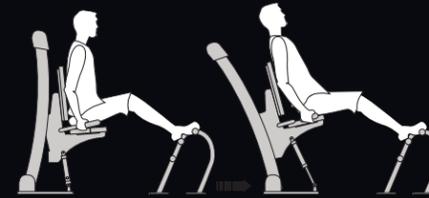
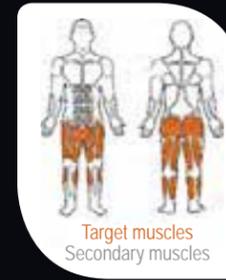
- Develops glutes and leg muscles



LEG PRESS
UBX-215

bi-directional resistance

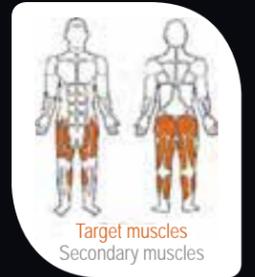
- Develops abs, glutes, and leg muscles



LEG EXTENSION & CURL
UBX-298

bi-directional resistance

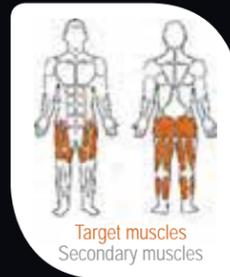
- Develops glutes and leg muscles



SQUAT
UBX-217

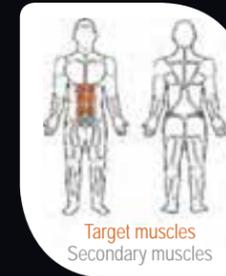
bi-directional resistance

- Strengthens glutes and leg muscles



SIT-UP BENCH
UBX-223

- Develops abdominal muscles



WARRANTY

- Limited 10-year warranty on main post and metal structure
- Limited 5-year warranty on moving parts and bearings
- Limited 3-year warranty on hydraulic pistons
- Limited 2-year warranty on seats, footrests, and rubber parts

All warranties cover failure due to natural deterioration or manufacturing defects and do not include any cosmetic issues or wear and tear from normal use. This warranty does not cover cosmetic items such as scratches, dents, marring, fading, discoloring, weathering, powder coating, wear and tear, or normal level of rusting.

Warranty is valid only if the equipment is installed and maintained in conformity with Greenfields' installation and maintenance procedures furnished by Greenfields Outdoor Fitness.

CUSTOMER SUPPORT

Upon written notification (email or fax) to Greenfields of a product's failure to conform to any of the aforementioned warranties during the applicable warranty period, Greenfields shall correct such failure/nonconformity by repairing the defective part(s) or providing replacement part(s) within 60 calendar days of receipt of the notification. Greenfields shall ship the required replacement part(s) to the site free of charge, but will not be responsible for providing labor or the cost of labor for removing defective part(s) or installing replacement part(s). Greenfields will warranty the replacement part(s) for the remainder of the original warranty period.

Furthermore, no representation, oral or written, of any individual may be substituted for this exclusive limited warranty. To the extent permitted by law, Greenfields shall not be liable for any direct, indirect, special incidental or consequential damages, which are expressly excluded from the sale of its product.

To make claims under the terms of this warranty, please contact Greenfields' Customer Support Center at CSC@GreenfieldsFitness.com. Please include photos or video.

OTHER PRODUCT INFORMATION

Greenfields will continue to develop its line of products and therefore reserves the right to change the design specifications without notice.

The equipment is designed for frequent use by individuals weighing up to 300 pounds.

The equipment is NOT intended to be used by individuals younger than 14 years of age (i.e. use of this fitness equipment is for anyone 14 years of age or older).

INSTALLATION

Greenfields' equipment is constructed from heavy steel pipes and is subject to heavy forces and torques when in use as intended. Extra care must be taken to ensure that the equipment is securely installed so that it can be safely enjoyed for years to come.

There are two methods of installation for the equipment:

- Permanent in-ground installation in which the equipment post extensions are placed in concrete footings and use provided rebar pegs (please refer to Installation Instructions)
- Surface mount installation with posts bolted to a reinforced concrete slab a minimum of 5.5" thick.

Installers and project managers are encouraged to contact Greenfields' Customer Support Center with any questions before and/or after installation. Detailed installations instructions are available for all products and are included in the O&M Manuals which are shipped with every order.

Often the installation of Greenfields products is assigned to the

lowest bidding contractor. The contractor may not have been in contact with Greenfields prior to the project or seen the detailed Installation Instructions. It is the responsibility of the project manager to ensure said contractor is provided with the most updated set of Greenfields' Installation Instruction to ensure the validity of the warranty.

Should the project installer need a copy of the Installation Instructions, please contact Greenfields' Customer Support Center at 888-315-9037 or by email at CSC@GreenfieldsFitness.com.

SAFETY STANDARDS

This adult outdoor fitness equipment is not intended for use by individuals younger than 14 years of age.

ASTM recently adopted ASTM F3101-15 Standard Specification for Unsupervised Public Use Outdoor Fitness Equipment.

While playgrounds are subject to laws in various states requiring compliance with ASTM and/or Consumer Product Safety Commission (CPSC) guidelines, at present there are no states requiring compliance with standards set forth by ASTM for outdoor fitness equipment (nor with CPSC guidelines, as none currently exist.) Play equipment can be certified to be in compliance with ASTM by the International Playground Equipment Manufacturers Association (IPEMA), and many agencies have a requirement that they only purchase equipment that is IPEMA certified. However, this is not possible with outdoor fitness equipment, as IPEMA does not currently certify compliance of outdoor fitness equipment. In addition, at this time there are no programs in place to train certified inspectors for outdoor fitness equipment.

Without a state law that requires compliance, specifications are voluntary only.

However, Greenfields Outdoor Fitness strives to comply all of the voluntary specifications of ASTM F3101-15.

SURFACING MATERIALS

Over the years, Greenfields equipment has been installed using the following types of surfacing: decomposed granite (aka DG or crushed granite), concrete, bonded rubber or poured-in-place surfacing, rubber tiles, asphalt, mulch, woodchips, paver stones, beach sand, synthetic grass, sod, etc. Be advised that the use of decomposed granite is known to accelerate the normal wear and tear on all footrests.

The type of surfacing used is ultimately the choice of the owner or the project manager.

MAINTENANCE & EQUIPMENT UPKEEP

Greenfields Outdoor Fitness equipment is intended to be used by the unsupervised public in a variety of outdoor settings. Greenfields is extremely proud of the safe and durable design of its products, which are built to surpass their warranty under normal usage. Installations throughout the hemisphere prove this equipment's success in both hot and cold climates, as well as dry and humid conditions. While the units are designed to require, for the most part, little to no maintenance, Greenfields recognizes that heavy and constant usage will require a minimal level of maintenance which will be scheduled based on the specific nature of each project.

Installation on an ocean front, or with a direct line of site to the ocean, will expose the units to salt and will require additional maintenance which is not required inland or in dry climates. Such installations will require a regular fresh water rinse to remove the salt from the units (do not use reclaimed water).

Greenfields recommends periodic inspection by a maintenance team to ensure each and every apparatus functions as intended.

INNER THIGH ADDUCTOR UBX-218

bi-directional resistance

- Strengthens thigh muscles and core



AB TONER UBX-211

bi-directional resistance

- Strengthens abs and lower back



HIP TWIST UBX-258

bi-directional resistance

- Strengthens core



PLAN YOUR PROJECT



Community profile (age range, ability level, etc. of those who will use the equipment):

Accessible units needed? _____

Park name: _____

Dimensions of available space (use facing page to diagram):

Method of installation - in ground footings or surface mount:

Surfacing (reference previous page for surfacing options):

Target completion date:



CORE LINE

<p>GR2004-1-33 MULTI-LEVEL BARS</p>  <p>Users: 5 Exercises: 4 Page: 56</p>	<p>GR2005-1-04 TAI-CHI SPINNERS</p>  <p>Users: 2 Exercises: 1 Call for details</p>	<p>GR2005-1-08 SINGLE BUTTERFLY</p>  <p>Users: 1 Exercises: 1 Page: 44</p>	<p>GR2005-1-09 SINGLE CROSS-COUNTY SKI</p>  <p>Users: 1 Exercises: 1 Page: 58</p>	<p>GR2005-1-12 WEIGHT LIFT</p>  <p>Users: 1 Exercises: 1 Page: 55</p>	<p>GR2005-1-14 2-PERSON DIPS STATION</p>  <p>Users: 2 Exercises: 1 Page: 55</p>
<p>GR2005-1-19 2-PERSON INCLINE SIT-UP BENCH</p>  <p>Users: 2 Exercises: 4 Page: 47</p>	<p>GR2005-1-21 4-PERSON LOWER BODY COMBO</p>  <p>Users: 4 Exercises: 5 Page: 48</p>	<p>GR2005-1-22 4-PERSON PENDULUM, ABS, & DIPS STATION</p>  <p>Users: 4 Exercises: 4 Page: 46</p>	<p>GR2005-1-23 2-PERSON AIR WALKER</p>  <p>Users: 2 Exercises: 1 Page: 58</p>	<p>GR2005-1-26 2-PERSON SKI</p>  <p>Users: 2 Exercises: 1 Page: 49</p>	<p>GR2005-1-28 SEATED CORE STRENGTHENING</p>  <p>Users: 1 Exercises: 1 Page: 61</p>
<p>GR2005-1-42 2-PERSON BACK & ARMS COMBO</p>  <p>Users: 2 Exercises: 3 Page: 42</p>	<p>GR2005-1-43 PARALLEL BARS</p>  <p>Users: 2 Exercises: 2 Page: 56</p>	<p>GR2005-1-45 2-LEVEL HORIZONTAL BARS</p>  <p>Users: 2 Exercises: 2 Page: 62</p>	<p>GR2005-1-46 4-PERSON TWISTING STATION</p>  <p>Users: 4 Exercises: 2 Page: 56</p>	<p>GR2005-1-47 2-PERSON VERTICAL PRESS</p>  <p>Users: 2 Exercises: 2 Page: 42</p>	<p>GR2005-1-48 2-PERSON LAT PULL</p>  <p>Users: 2 Exercises: 2 Page: 43</p>
<p>GR2005-1-48A 2-PERSON CHEST PRESS</p>  <p>Users: 2 Exercises: 2 Page: 43</p>	<p>GR2005-1-48C COMBO LAT PULL & VERTICAL PRESS</p>  <p>Users: 2 Exercises: 2 Page: 45</p>	<p>GR2005-1-48E COMBO BUTTERFLY & REVERSE FLY</p>  <p>Users: 2 Exercises: 2 Page: 45</p>	<p>GR2005-1-49 RECUMBENT BIKE</p>  <p>Users: 1 Exercises: 1 Page: 59</p>	<p>GR2005-1-71 3-PERSON STATIC COMBO</p>  <p>Users: 3 Exercises: 4 Page: 54</p>	
<p>GR2005-1-77 8-PERSON LINEAR COMBO</p>  <p>Users: 8 Exercises: 8 Page: 52</p>		<p>GR2005-1-89 UPRIGHT BIKE</p>  <p>Users: 1 Exercises: 1 Page: 59</p>	<p>GR2005-1-90 SINGLE REVERSE BUTTERFLY</p>  <p>Users: 1 Exercises: 1 Page: 44</p>	<p>GR2005-1-91 ROWING MACHINE</p>  <p>Users: 1 Exercises: 1 Page: 47</p>	<p>GR2005-1-92 STAIR CLIMBER</p>  <p>Users: 1 Exercises: 1 Page: 59</p>

<p>GR2005-1-98 LEG EXTENSION</p>  <p>Users: 1 Exercises: 1 Page: 60</p>	<p>GR2005-1-100-D 2-PERSON LEG CURL</p>  <p>Users: 2 Exercises: 1 Call for details</p>	<p>GR2005-1-100-S SINGLE LEG CURL</p>  <p>Users: 1 Exercises: 1 Call for details</p>	<p>GR2005-1-104 4-PERSON LEG PRESS</p>  <p>Users: 4 Exercises: 2 Page: 50</p>	<p>GR2005-1-105 ANNOUNCEMENT SIGN</p>  <p>Page: 19</p>	<p>GR2009-1-03 PUSH-UP BAR</p>  <p>Users: 1 Exercises: 1 Call for details</p>
<p>HP2009-5-03 SINGLE ELLIPTICAL</p>  <p>Users: 1 Exercises: 1 Page: 51</p>	<p>HP2009-5-05 2-PERSON LEG PRESS</p>  <p>Users: 2 Exercises: 2 Page: 60</p>	<p>HP2009-5-06 SINGLE AIR WALKER</p>  <p>Users: 1 Exercises: 1 Page: 58</p>	<p>HP2009-5-07 2-PERSON FULL BAR EXERCISE</p>  <p>Users: 2 Exercises: 4 Page: 55</p>	<p>HP2009-5-08 S-SHAPE JUMP BAR</p>  <p>Users: 1 Exercises: 1 Page: 61</p>	<p>HP2009-5-09 HORIZONTAL LADDER</p>  <p>Users: 1 Exercises: 3 Page: 62</p>
<p>HP2009-5-10 4-PERSON COMBO BARS</p>  <p>Users: 4 Exercises: 4 Page: 57</p>	<p>HP2009-5-11 8-PERSON STATIC COMBO</p>  <p>Users: 8 Exercises: 7 Page: 53</p>		<p>HP2009-5-12 10-PERSON STATIC COMBO</p>  <p>Users: 10 Exercises: 8 Page: 53</p>	<p>HP2009-7-20 3-BEAM JUMP BARS</p>  <p>Users: 1 Exercises: 1 Page: 61</p>	
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